LOPPERS

BRUARY 2026

Start & Finish:

Sentraal High School, Graaf Reinet Street Dan Pienaar

Cost:

5km

Start times:

42km - R250 42km - 05:30am

21.1km - R200

21.1km - 05:45am

10km - R160 10km - 06:00am - 06:15am 5km

42km Open Mens/Ladies:

- R80

1st R2750, 2nd R2250, 3rd R1750 1st R2250, 2nd R1750, 3rd R1250

21km Open Mens/Ladies: 10km Open Mens/Ladies:

1st R1250, 2nd R1000, 3rd R750 42km Mens/Ladies: Juniors, 40+, 50+, 60+, 70+:R600 21km Mens/Ladies: Juniors, 40+, 50+, 60+, 70+:R500 10km Mens/Ladies: Juniors, 40+, 50+, 60+, 70+:R400

Category Winners: Category Winners: Category Winners:

Prize Giving Times: 10km @ 08:00 | 21km @ 09:00 | 42km @ 10:00

Online Entries: www.entries.chiptimer.co.za | Online entries close 4 February at 05:00pm

Manual entries and race number collection:

16:30pm to 19:30pm @ Sentraal High School 5 February: 6 February: 15:00pm to 19:30pm @ Sentraal High School

Online entry collections only:

7 February: 04:30am to 05:15am @ Sentraal High School

In accordance with the rules of WA-World Athletics, ASA and AFS

R500 ASICS VOUCHER

Temporary number: Non-ASA athletes: R50 (42km, 21km and 10km)

Contact:

Event Organiser: Ettiene Stone 083 304 8289 Safety Officer: Ernest Foster 082 940 1978 Technical Officer: Arnold Rabie 082 446 5791



















Cut-off time: 5 hours | Comrades and Two Oceans Marathon qualifier

4124 42km - R250 | 21.1km - R200 | 10km - R160 | 5km - R80 ADDITIONAL FEES: LATE ENTRY +R20 | TEMPORARY LICENSE : +R50

RACE GUIDELINES: 1. Parking is available on sports grounds at own risk. 2. Runners may enter the sports grounds from 4:30am on race day. 3.Water tables every 3km with refreshment hand outs. 4. Description Route - circle route. 5.Medals at finish. 6. No tog bag area. 7. Medical Service providers will be on route and at finish point. 8. Prizegiving @ 8:00am, 9:00am and 10:00am. 9. Any uncertainties please contact the Event Organiser - Ettiene Stone @ 083 304 8289. 10. Emergency Medical Care: ER24 / 084 124

RACE RULES: 1.Participants must be eligible according to the WA, ASA and AFS rules. 2. A temporary number participant has no insurance coverage on the race day. 3. Athletes must be members of an affiliated club to qualify as winner. You do not need to belong to a club to run any of the races. (Adhere to the undermentioned rule 3.) 4. Club athletes dressed in club colours, must wear an official 2025/2026 ASA license number on the front (1) and back (2) of their vest. 5. Temporary number to be worn at front of gear. 6. Restriction, 42km-18 years, 21km-16 years and older, 10km-10 years and older. 7. All marshals, traffic authorities and traffic rules must be obeyed — failing to do so may lead to disqualification. 8. Check points on route. (Keep left at all times). In case of an emergency, report to the next water point. 9. All walkers, runners participate at their own risk. 10. Due to the nature of the course NO wheelchairs, prams, blades, animals, cyclists or mechanically operated devices (excluding hearing aids) will be allowed. 11. No seconding or car allowed on the course as there are sufficient refreshments tables. Seconding can only be permitted in the demarcated area of a water point allocated to an individual, not disturbing the official water point sponsors, volunteers. 12. Yellow Age category tags must be worn on the front and back to qualify as category winner, 13. Race numbers or entry tickets must be completed in full. If not, athletes will be disqualified from the race and will not receive a medal or prize money or incentives. An emergency number of a family member must be provided. 14. Proof of age must be provided on race day if required-ID or Birth Certificate, Driver's License or Passport. 15. The organisers reserve the right to return any entry not in keeping with the spirit of the race. 16. All winners need to attend the prize-giving. 17. The decision of the organisation will be final and no correspondence will be entered into. 18. International athletes who partake must provide and hand in a clearance certificate from the National Federation and a copy of the participants passport to the Event Organiser before entering the event. 19. Participants partake at own risk and need to be medically fit. 20. Race walkers need to wear a W-Tag to compete for a lucky prize. 21. Environmental (rule 23) Participants must take the responsibility for there actions when disposing of litter. It can lead to disqualification.

INDEMNITY DISCLAIMER: By entering this event I undertake to be bound by the Rules and Regulations of the event including those of WA and ASA at my own risk. I warrant that I am in good health and aware of risks and danger of physical nature of this sporting event, and don't claim ignorance of these risks and danger. I hereby accept that I participate in the event and release and discharge, to the fullest extent allowed in law. The organizers of the event, the sponsors, persons assisting in staging of the event, Provincial and National athletics bodies and all local authorities from any responsibility, liability or cost relating to any injury, lose or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post –race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

MINOR RELEASE: and I, the minor's parent or guardian, understand the nature of the athletic activities and the Minor to be qualified is in good health and in proper physical condition to participate in such activity and enter into this indemnity/waiver on behalf of the minor. Permission is granted in terms of section 51 of the electronic communication transactions act 25 of 2002, to use your name, race information, photographs, video tapes, broadcasts, telecast in which you may appear as free of charge. (Popi act)

Name & Surname of Athlete/Guardian:	
Date:	February 2026
Sianature:	